

Sport Studies Curriculum (2023/24: Year 10)

Please Note - it should be expected that pupils will partake in their 2 chosen sports throughout Y10 either during Sport Studies classes on a Thursday or/and within their core PE classes as it is not possible that the teacher can cover all sports within Sport Studies classes alone. It should also be noted that some Topic Areas may start or finish before a particular half term – that the plan that follows is a broad guide with flexibility throughout. Greater detail will follow within the Medium Term Plans.

Year 10		HT1	HT2	HT3	HT4	HT5	HT6
Sport Studies	Topic	R185 & R187	R185 & R187	R185	R185 & R187	R185 & R187	R185
	Why this and why now?	<p>Students will be completing R187 Task 1 beginning Task 2 during this half term.</p> <p>Students will also be completing part of task 1 through practical lessons. This will take the form of a badminton scheme of work with this cohort.</p>	<p>Students will be completing R187 Task 2 and Task 3 during this half term.</p> <p>Students will also be completing part of task 1 through practical lessons. This will take the form of a badminton scheme of work with this cohort.</p>	<p>Students will now focus on R185 Task 3 during this term as it is the largest unit of the course and builds upon HT1 and HT2.</p>	<p>Students will now focus on R185 Task 3 during this term as it is the largest unit of the course.</p> <p>During this term, students will also take part in the practical assessment for R187 and complete Task 4 as they will evaluate their performance in the practical assessment.</p>	<p>During this half term students will be completing the final Task 3 assessments.</p> <p>Students will complete any final parts of R187 ready to hand in their final submission.</p>	<p>Students will complete R185 Task 2 during this half term. Students will require HT1 of year 11 to finish this unit ready to submit in the January moderation window.</p>
	What is the essential knowledge that needs to be remembered?	<p>R185 – to be able to develop knowledge and understanding of badminton in terms of rules and tactics in order to be able to outwit their opponent and score well in Topic Area 1.</p> <p>R187 – to understand the provision available for</p>	<p>R185 -. to be able to develop knowledge and understanding of badminton in terms of rules and tactics in order to be able to outwit their opponent and score well in Topic Area 1.</p> <p>R187 – to understand the clothing, equipment</p>	<p>R185 – Pupils need the knowledge to plan a sports activity including the organisation, safety and specific content of the session in order to effectively deliver said session in the following half term.</p>	<p>R185 – pupils will need the knowledge linked to safe practice, adaptability, leadership styles, positioning and enthusiasm needed for an effective delivery of a sports session.</p> <p>R187 – Pupils will need to demonstrate the skills</p>	<p>R185 – pupils will need the knowledge linked to safe practice, adaptability, leadership styles, positioning and enthusiasm needed for an effective delivery of a sports session.</p> <p>R187 – Pupils will need to be able to review their</p>	<p>R185 – to be able to ID strengths and weaknesses from one of their chosen sports and create an action plan, including drill to improve said weakness. Pupil should understand fixed, variable, whole and part practice when creating their progressive drills.</p>

	the three selected activities both regionally and nationally, including National Sport Centre provision, Voluntary Organisations, and local providers	and types of technology required for the three selected activities. R187 – pupils will need to know how to plan for the activity that they will take part in and understand the many considerations when planning such an event, including health and safety, personnel, location, risk assessment, emergency procedure plan and what effective communication looks like.		linked to safe practice, communication, team working skill and decision making when taking part in their outdoor activity. They will need to be able to review their performance linked to what went well and what could be improved.	performance linked to what went well and what could be improved.	Pupils must know the tools for evaluating improvements including video analysis for example.
What should the end point look like?	R185 – pupils will have the knowledge and understanding of badminton in terms of rules and tactics in order to be able to outwit their opponent and score well in Topic Area 1. R187 - Pupils have provided examples of local and national provision three activities , including National Sport Centre provision, Voluntary Organisations and local providers	R185 – pupils will have the knowledge and understanding of badminton in terms of rules and tactics in order to be able to outwit their opponent and score well in Topic Area 1. R187 – Pupils have provided examples of clothing, equipment and types of technology required for three activities and the reasons why such equipment, clothing and technology is required. The terrain and environment needed for successful completion of each activity is required also.	R185 – Pupils need to demonstrate the knowledge to plan a sports activity including the organisation, safety, and specific content of the session in order to effectively deliver said session in the following half term. This will be presented in a report format.	R185 – pupils will need to demonstrate safe practice, adaptability, leadership styles, positioning and enthusiasm when delivering their sports session to the rest of their class. R187 – Pupils will need to demonstrate the skills linked to safe practice, communication, team working skill and decision making when taking part in their outdoor activity. This will be evidenced throughout their involvement in the planned outdoor expedition activity. They will need to be able to review their performance	R185 – pupils will need to demonstrate know how to effectively review their own performance after delivering their sports session. They will need to comment on positives and negatives of their session linked to planning, leading and improvements that could be made. This review will be presented in a report style format	R185 – pupils should be able to ID strengths and weaknesses from one of their chosen sports and create an action plan, including drill to improve said weakness. Pupil should understand fixed, variable, whole and part practice when creating their progressive drills. Pupils must know the tools for evaluating improvements including video analysis for example. This should be evidenced through a report by the pupil.

		R187 – pupils will need to demonstrate that they know how to plan for the activity that they will take part in and understand the many considerations when planning such an event, including health and safety, personnel, location, risk assessment, emergency procedure plan and what effective communication looks like. This will be evidenced through a report style format.		linked to what went well and what could be improved. This should be evidenced in a report style format		
What is the assessment intent and how will you assess?	R185 – pupils will be assessed within a game situation against a player of similar ability. Assessment will be sought, using the assessment criteria set in the specification. R187 - Pupils have their Topic Area 1 report assessed based against the assessment criteria set in the specification.	R185 – pupils will be assessed within a game situation. Assessment will be sought, using the assessment criteria set in the specification. R187 - Pupils have their Topic Area 2 and 3 report assessed based against the assessment criteria set in the specification.	R185 – Pupils will have their report assessed against the assessment criteria in the specification. R187 – Pupils will have their report assessed against the assessment criteria in the specification.	R185 – Pupils will have their report assessed against the assessment criteria in the specification. R187 – Pupils will have their report assessed against the assessment criteria in the specification.	R185 – Pupils will have their report assessed against the assessment criteria in the specification. R187 – Pupils will have their report assessed against the assessment criteria in the specification.	R185 – Pupils will have their report assessed against the assessment criteria in the specification.
How does it cover the NC	Outdoor and adventurous activity and badminton are 2 of the expected topic areas to cover as part of the NC	Outdoor and adventurous activity and football are 2 of the expected topic areas to cover as part of the NC	Outdoor and adventurous activity and the reviewing of sports activities are 2 of the expected topic areas to cover as part of the NC	Planning and effective leadership are 2 of the expected topic areas to cover as part of the NC	Outdoor and adventurous activity including an expedition in the field and ability to deliver a sporting activity are 2 of the expected topic areas to cover as part of the NC	Pupils be able to review their performance as a leader in PE is an important strand on the NC.

Please note - The exam cannot be sat until the summer of '24 due to new terminal arrangements with vocationals, therefore pupils will follow the content during the whole of Y11, ensuring recently of content in time for the exam. This provides an extended amount of time to cover and then revisit material throughout the year. It should also be noted that some Topic Area content may finish before the HT and conversely, some Topic Area material may extend beyond the HT.