

Sport Studies Curriculum (class 2023): Year 11



Year 11	HT1	HT2	HT3	HT4	HT5
Topic	R053	R053	R053	R052- Practical sport unit	R052- practical sport unit
Why this and why now?	R053- L01- The skills, qualities and responsibilities of a good leader need to be taught before the students can demonstrate these in L03.	R053- L01- The skills, qualities and responsibilities of a good leader need to be taught before the students can demonstrate these in L03. R053- L02. The lesson needs to be planned and a risk assessment produced before the sports session can be delivered safely.	R053 – in order to ensure that we have evidence for R053 we will complete L01-L03 to the best standard possible.	This is the final unit to be covered in the qualification. It is delivered now to give the students the longest possible time to develop these skills in core PE lessons in year 10 and 11. The majority of students will be ready to be assessed in their team and individual sport during half term 4 and those students focussing on trampolining for L01 can prioritise this now the trampoline season begins. In theory lessons, officiating will be the focus. In sport studies practical lessons will become bespoke where students work on their priority activity.	L03 is the officiating unit. Giving students the opportunity to play the sports they will potentially officiate in will mean a greater understanding to be able to apply the rules/laws and scoring systems correctly as part of the L03 assessment. L04 is the write up of L01, L2 and L03 and must be completed at the end of the scheme of learning.
What is the essential knowledge that needs to be remembered?	R053 – (L01) Students will be taught the skills, qualities and responsibilities of a good leader and link these to practical examples from sport. Roles such as the captain, manager, expedition leader, teacher, coach and role model need to be described. Qualities such as knowledge of; first aid, activity, safety, child protection and enthusiasm for sport. Responsibilities such as creativity, communication,	L01 continued. Leadership styles- democratic, autocratic and laissez-faire. Comparison of two leaders. L02- Students will learn how to plan a sport activity session. How to consider health and safety precautions into a progressive sports session in a chosen sport that is inclusive to all participants.	R053 – (L03) pupils will deliver their lesson plan and ensure safe practice in terms of organising their group and ensuring safe supervision. Remember different delivery styles (proactive/reactive and demonstration, explanation. Good communication including hand signals, body gestures, verbal and no-verbal instruction. Techniques used to motivate peers and the specific teaching points for their chosen skill. (L04) They will need to remember how to accurately review their own leadership performance linked to their plan	The skill, techniques, tactics and rules need to be remembered throughout the unit, especially the key coaching points for each skill. Pupils will need to remember how to officiate effectively, applying the rules and regulations, using the correct signals and ensuring that they remember the importance of good communication and positioning.	How to identify their weaknesses and strengths in their chosen sport. Remember the different between simple, complex, open and closed skills. And understand how whole, part, varied and fixed practice can improve performance. Finally, they will need to remember how to measure their gains in skills, techniques and strategy.

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	confidence, punctuality and reliability.		and their coaching skills. Be able to assess what did not go well and why before creating an improvement plan.		
What should the end point look like?	<p>R053- L01</p> <p>Pupils will describe a wide range of sports leadership roles and related responsibilities making clear and accurate links between roles, personal qualities and leadership styles.</p>	<p>R053- L02</p> <p>Pupils will produce a detailed and comprehensive session plan required to run a safe effective session.</p> <p>This will be completed independently in most cases or with little teacher prompting.</p> <p>L02- Risk assessment</p> <p>Pupils will show an understanding of safety considerations by planning and setting up their own risk assessment taking corrective action where necessary.</p>	<p>R053 – (L03) pupils will deliver an effective lesson showing safe practice in terms of organising their group and ensuring safe supervision. Their session should show different delivery styles (proactive/reactive and demonstration, explanation and demonstrate good communication including hand signals, body gestures, verbal and no-verbal instruction. Techniques used to motivate peers and the specific teaching points for their chosen skill will be evident in their leadership.</p> <p>(L04) pupils will produce a portfolio of work that will detail their accuracy in reviewing their own leadership performance linked to their plan and their coaching skills. The portfolio will show their ability to assess what did not go well and why before creating an improvement plan.</p>	<p>L01 - Pupils will be assessed on the extent to which they can demonstrate the application of skills and techniques in their chosen INDIVIDUAL activity. Consideration to their creativity, use of tactics, strategy and decision-making will be focused upon. The consistency at which they can perform these skills, techniques, tactics and strategy will be assessed.</p> <p>L02 - Pupils will be assessed on the extent to which they can demonstrate the application of skills and techniques in their chosen TEAM activity. Consideration to their creativity, use of tactics, strategy and decision-making will be focused upon. The consistency at which they can perform these skills, techniques, tactics and strategy will be assessed.</p>	<p>L03 – pupils will be assessed on their ability to demonstrate application of officiating skills in their chosen sport. They will be judged on the knowledge of rules and regulations and how the pupil applies them in a game situation.</p> <p>L04 – pupils review of their own performance will be assessed, including the application of the practice methods to improve their weaknesses. Their understanding of how to measure improvement will be considered also.</p>
What is the assessment intent and how will you assess?	<p>R053 – L01- Pupil's work will be assessed using grade descriptors and to ensure that the grades awarded are reliable and robust, teachers will study the online standardisation material beforehand and then discuss internally before arriving at a final grade for each pupil's</p>	<p>R053- L02- Pupils will plan a sports coaching session to be delivered and apply their knowledge of risk assessment. The lesson plan will be scored out of 10 marks and a further 8 marks awarded for a comprehensive risk assessment where hazards are identified</p>	<p>R053 – Pupil's work will be assessed using grade descriptors and to ensure that the grades awarded are reliable and robust, teachers will study the online standardisation material beforehand and then discuss internally before arriving</p>	<p>All students will work towards their target score out of 60, with special consideration given to the score out of 240 and grade boundaries.</p> <p>L01 - Pupils will be assessed on the extent to which they can demonstrate the application of</p>	<p>L03 – pupils will be assessed on their ability to demonstrate application of officiating skills in their chosen sport. They will be judged on the knowledge of rules and regulations and how the pupil applies them in a game situation.</p>

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	coursework completed. LO1 is out of 9 marks with marks bank 3 being 7-9 marks.	and corrective action highlighted. Again, using the criteria from the specification students will be awarded marks bank 1,2 or 3.	at a final grade for each pupil's coursework completed.	skills and techniques in their chosen INDIVIDUAL activity. Consideration to their creativity, use of tactics, strategy and decision-making will be focused upon. The consistency at which they can perform these skills, techniques, tactics and strategy will be assessed. positioning will also be assessed. LO2 - Pupils will be assessed on the extent to which they can demonstrate the application of skills and techniques in their chosen TEAM activity. Consideration to their creativity, use of tactics, strategy and decision-making will be focused upon. The consistency at which they can perform these skills, techniques, tactics and strategy will be assessed	LO4 – using the assignment brief for the marks bank 3 pupils will write up the a review of their own performance will be assessed, including the application of the practice methods to improve their weaknesses. Their understanding of how to measure improvement will be considered also.
How does it cover the NC?	Understanding effective communication and life skills that are taught in LO1 will make the students more aware of the need to improve on these for LO3. Beyond the moderated part of the unit students will develop these skills and use them moving forward in college interviews/ presentations etc.	Promoting health and safety through PE will be a transferrable skill for all students on the course to not only be applied in LO3 but to transition in to college or the workplace safely and effectively. This unit supports the work of the PSHE syllabus in school. Leadership should be a key skill taught core PE and this Leadership Unit supports that learning.	Leadership should be a key skill taught core PE and this Leadership Unit supports that learning. Applying the theory that has been learned in LO1 and LO2 students will apply these face to face with a group of students in their own session. LO4 offers the chance to reflect and suggest improvements on their performance.	The aims of the NC for KS4 core PE are different to the aims of the Sport Studies qualification. However, R052 (Developing sport skills) focuses on TEAM and INDIVIDUAL sports and therefore links well with the NC for KS4 core PE. Also, LO3 which focuses on officiating meets the requirements of the NC as there is an expectation that pupils will work in a variety of sporting roles and contexts.	The aims of the NC for KS4 core PE are different to the aims of the Sport Studies qualification. However, R052 (Developing sport skills) is aligned to the NC as pupils focus on evaluating their performances compared to previous ones and demonstrate improvement across a range of physical activities to achieve their personal best.