

Sport Studies Curriculum (class 2023: Year 10)

Year 10		HT1	HT2	HT3	HT4	HT5	HT6
Sport Studies	Topic	R051	R051	R051/R056	R056	R056	R056
	Why this and why now?	Better to do exam in Y10 than leave until Y11. Pupils can concentrate on this exam as only one they sit in Y10 (previous exam results have supported our assumption that 10s are not disadvantaged by doing exam a year early). LO1 and LO2 first as there is no tangible need to deliver any one unit first as they are very much units on their own, without massive opportunities to interleave across all 4 units.	For the reasons mentioned in HT1 and for ease of continuity with teaching resources we follow LO1 and 2 from HT1 with LO3 and LO4 in HT2	Exam takes place in first 2 weeks of January and then we move to R056. R056 culminates in an outdoor expedition and the weather in the summer is best suited to this, hence completing this unit in HT3 - HT5. Also, it would not be ideal trying to fit in an outdoor expedition during Y11 as the preparation for exam season begins early. LO1 is delivered first as it is an introduction to outdoor activities, exploring the different types available to people and so it acts as a great starting point.	Completion of LO1. Provision for outdoor activities. LO2 looks at the benefits of participating in outdoor activities. This knowledge needs to proceed the planning and delivery of an outdoor activity as advised in the specification.	This knowledge of how to develop skills will be important to LO3 when students are asked to plan an outdoor activity session. The specification states that students should clearly draw upon knowledge/ skills/understanding of LO1 and LO2. LO3- The activity needs to be planned before the students can deliver a safe, effective session which will be delivered in LO4.	LO4 is the culmination of the entire units work and assesses the students ability to factor in the knowledge and skills that they have studied in a practical sense. The weather will be more conducive to effective assessment for the students and represent a lower risk with regards to health and safety in the summer months.
	What is the essential knowledge that needs to be remembered?	R051 – (LO1) pupils will need to be aware of the different user groups and their associated barriers/solutions to participation in sport. (LO2) pupils will need to be aware of how sport can promote values. Events such as the Olympic and Paralympics will be covered and	R051- (LO3) Pupils will learn the importance of hosting a major sporting event, the benefits and drawbacks. (LO4)- Pupils will need to know the role of a national governing body in the promotion and development of a sport.	R056 LO1- Students must know the different activities involved in outdoor activities and where these can be carried out.	LO2- Students will learn the general benefits of participating in outdoor activities and how these build transferrable skills	LO3- Students will learn the key considerations of planning an outdoor activity and identify relevant hazards that are specific to different activities e.g. an avalanche.	LO4- Students need to demonstrate care and use of equipment, Safe practice, communication, decision making skills, team-working skills and problem-solving skills.

		pupils will need to be able discuss show such events promote values					
What should the end point look like?	Pupils should be able to successfully complete the exam paper to the standard of their target grade	Pupils should be able to successfully complete the exam paper to the standard of their target grade	R056 L01- Students can describe in detail each outdoor activity and give practical examples of each. Students can comprehensively describe the provision in the UK using a wide range of examples.	L02- Students can describe the benefits of outdoor activities and the skills that can be gained from these activities and most importantly how they are developed. L03- Students can independently produce a plan an outdoor activity	Students can confidently demonstrate a wide range of well developed, relevant skills and knowledge during outdoor activities.	Students can demonstrate care for and use equipment safely and effectively with independence.	
What is the assessment intent and how will you assess?	R051 - Pupils will be assessed via exam conditions on L01/L02 using past papers and marks schemes to arrive at an accurate grade.	R051 - Pupils will be assessed via exam conditions on L03 and L04 using past papers and marks schemes to arrive at an accurate grade.	R051 - Pupils will be assessed in exam conditions on L01- L04 using past papers. Staff will use marks schemes and examiners reports to arrive at an accurate grade. External exam will be w/c 10th January 2022.	R056 – Pupil’s work will be assessed using grade descriptors and to ensure that the grades awarded are reliable and robust, Y10 teachers will study the online standardisation material beforehand and then discuss internally before arriving at a final grade for each pupil’s coursework completed.	R056 – Pupil’s work will be assessed using grade descriptors and to ensure that the grades awarded are reliable and robust, Y10 teachers will study the online standardisation material beforehand and then discuss internally before arriving at a final grade for each pupil’s coursework completed.	R056 – Pupil’s work will be assessed using grade descriptors and to ensure that the grades awarded are reliable and robust, Y10 teachers will study the online standardisation material beforehand and then discuss internally before arriving at a final grade for each pupil’s coursework completed.	
How does it cover the NC	This unit is the externally assessed part of the course and is therefore mandatory unit	This unit is the externally assessed part of the course and is therefore mandatory unit	Students need to take part in outdoor and adventurous activities which present physical and intellectual challenges.	Students need to take part in outdoor and adventurous activities which present physical and intellectual challenges.	Students are encouraged to work in teams, build trust, and develop skills to solve problems as and individual or as a group.	Students are encouraged to work in teams, build trust, and develop skills to solve problems as and individual or as a group.	